

Rainbow School
Breakfast & Lunch Menu
October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Field Trips Kahuku- 2 Aloun Farms Wahiawa-13 Aloun Farms Mililani- 16 Aloun Farms</p>	<p>AND JUSTICE FOR ALL This facility is operated in accordance with U.S. Dept. of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C., 20250.</p>	<p>Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C., 20250. Menu subject to change without notice. Fruit in season may be substituted. 1% milk served with all meals.</p>	<p>Sweet Bread Mandarin Orange *** Chicken Curry With Vegetables Rice Banana 1</p>	<p>Cereal Orange Juice *** Ham & Cheese Sandwich Cucumbers/Dip Melon 2</p>
<p>Cereal Pineapple Juice *** Teri Beef Patty on bun Carrots/Dip Oranges 5</p>	<p>Tea Rolls Pears *** Chicken Nuggets Mixed Vegetables Rice Apples 6</p>	<p>Blueberry Muffins Peaches *** Macaroni & Cheese w/Wieners Rice Buttered Corn Pineapple 7</p>	<p>English Muffin Fruit Cocktail *** Chow Mein w/Char Siu Mixed Vegetables Banana 8</p>	<p>Cereal Apple Juice *** Pizza w/ Pepperoni & Cheese Cucumbers / Dip Melon 9</p>
<p>NO SCHOOL TEACHERS INSTITUTE DAY 12</p>	<p>Cereal Grape Juice *** Chicken Patty on bun Celery/Dip Apples 13</p>	<p>Bagel Applesauce *** Hamburger Stew w/Vegetables Rice Pineapple 14</p>	<p>Raisin Bread Mandarin Oranges *** Kalua Pork and Cabbage Rice Banana 15</p>	<p>Cereal Orange Juice *** Tuna Sandwich Cucumber / Dip Melon 16</p>
<p>Cereal Grape Juice *** Fish Patty on Bun Carrots/Dip Oranges 19</p>	<p>Tea Rolls Pineapple Tidbits *** Chili Rice Buttered Corn Apples 20</p>	<p>Banana Muffins Peaches *** Chicken Longrice Won Bok Salad Rice Pineapple 21</p>	<p>English Muffin Fruit Cocktail *** Soft Taco w/Ground Beef Lettuce & Tomato Flour Tortilla Banana 22</p>	<p>Cereal Apple Juice *** Turkey & Cheese Sandwich Cucumbers / Dip Melon 23</p>

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Cereal Pineapple Juice *** Sloppy Joe on Bun Celery/Dip Oranges 26	Sweet Bread Pears *** Chicken Tenders Mixed Vegetables Rice Apples 27	Applesauce Muffin Peaches *** Creole Macaroni w/Ground Beef Buttered Corn Pineapple 28	Bagel Fruit Cocktail *** Beanie Wienie Tossed Salad Rice Banana 29	Cereal Orange Juice *** Teri Chicken Burgers Cucumbers/Dip Melon 30
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